

Starting Well Partnership, South Worcestershire

Parenting and Community Teams

Starting Well Partnership Website

For information on all of our service and Family Hubs go to the [Starting Well Partnership](https://www.startingwellworcs.nhs.uk) website:

<https://www.startingwellworcs.nhs.uk> or scan this QR Code



Starting Well Partnership (SWP) Facebook page



For lots of local information, tips and advice follow our [Facebook](#) page:

[Starting Well Partnership - South Worcestershire | Worcester | Facebook](#) or scan this QR Code



Parenting Courses

We offer a wide range of **FREE** courses to support families within Worcestershire. Working in partnership with families to offer support for parents & children in Worcestershire. View our range of courses by scanning the Trybooking QR code. Or request support using the link below or QR code

<https://startingwellworcs.nhs.uk/request-support>



Visit our ticket website to book a place on a **free** virtual parenting discussion workshop or one of our local face to face Parenting groups. www.trybooking.com/uk/eventlist/startingwellpartnership



Chat Health

Chat health is a confidential text messaging service that enables young people aged 11-19 in Worcestershire to contact a School Health Nurse. They can discuss a wide range of issues including bullying, emotional health, relationships and wellbeing. For more information, please go to: <https://chathealth.nhs.uk>



Parent Talk

Down-to-earth parenting advice you can trust. We're here for you, when you need us. Find answers to parenting questions in our advice articles. Or talk to a parenting coach about anything that's worrying you. It's all free, and no topic is too big, small, or embarrassing; <https://parents.actionforchildren.org.uk/>



SWANS (South Worcestershire Additional Needs Support)

A friendly, nurturing support group for parents, family members and carers of children with Additional Needs, covering ALL of South Worcestershire. They meet to discuss your SEN journey as well as having presentations from time to time from professionals in the SEN field. They meet face to face at Worcester Countryside Park and virtually via Teams to enable people to access the group as and when they can; we know not every time suits everyone. Find us on facebook, **SWANS** (South Worcestershire Additional Needs Support) or scan the QR code here. Email Hollie for more information on: Hollie.carver@actionforchildren.org.uk



Note; Scan the QR codes with your mobile phone or tablet to open these links (you may need to fold this paper to isolate a specific QR scan code from others)

Provided by:



In partnership with:



Starting Well Worcester
EVERY CONTACT SHAPES A LIFE